

Bollington Harriers Committee Meeting Minutes - 20/02/2019

Present:

Cheryl Evans, Gogs Davies, Helen Clark, Jo Evans, Tom Grimes, Andy Langdon, Rebecca Clark, Tristan Pemberton

Apologies:

Andrew Vincent

1) Membership and Online Store

- Bollington Harriers now have 140 paid up members including the C25k group.
- It was noted that there are many Facebook and Strava members who are not club members and do not run with us.
- **ACTION: Cheryl** - Close the Strava group to include only paid up members.
- Discussed the possibility of having sponsors on the club merch.

2) Updates on the Tuesday and Wednesday Runs

- Discussed splitting runs and decided to keep things as they are until new run leaders are available and hold a run leaders meeting to discuss how to handle splitting runs and the possibility of new runs (i.e. Thursday run etc).
- Discussed Tristan Pemberton logging data for Wednesday runs. **ACTION: Tristan** to organise this.

3) Distance Running Training

- Discussed the excellent results and turnout from the half and marathon training groups. Special mention was made regarding Martin Ashby's enormous help during these runs.

4) "Beyond Half" Q & A Session

- Discussion with regards to the large number of Bollington Harriers who are taking part in marathon and ultra races this year. It was agreed that an informal Q & A session would be held in order to address the different requirements for these type of runs from what people are used to. This would be a great help for novices who can draw on the experience of existing ultra and marathon runners within the club. **ACTION: Gogs** to arrange this for a Monday evening circa 7.30pm

5) Run Leaders Course

- Discussed how many places we can arrange on the run leaders course in 2019, which is to be held in April and who might be interested.
- It was agreed that whoever becomes a run leader should actively help with leading club runs.
- BHL will help with the cost of this course and the harriers will aid BHL with the organisation of the Bollington 10k. **ACTION: Gogs** to discuss with Tom Horsfield how

much contribution the Harriers can expect and from there we can determine how many leaders can be trained.

- **ACTION: Gogs** to find out how many places are available on the course.

6) Bollington 10K Update

- Andy Langdon is to organise road closures, health and safety.
- Helen, Cheryl, Andrew V, Tris met with Tom Horsfield to discuss the volunteer rota and roles.
- **ACTION: Cheryl** to send Gogs the minutes from the 10k meeting

7) Couch to 5k

- Discussed when the next course should be held and how much we would charge. A decision couldn't be reached as to how much to charge for the course so a separate meeting will be held in early March.

8) Newsletter

- Next newsletter will probably go out mid March.
- It was noted that a piece in the most recent edition of Bollingtonian was present and helps to market the Bollington Harriers to all local residents.
- A question was asked with regards to permission to use members images in our publicised media.

9) Events

- A new run called "Blaze Hill Burn" is to be arranged as an adjunct to the 2019 Bollington Festival. Andy Langdon is arranging for the road closure. 100 places will be available to runners.
- **ACTION: Andy L, Tristan** to recce the route.
- Run to take place on the 23/5/2019 at around 6 or 7pm.
- **ACTION: Tom G** to look into the insurance requirements for this.

- Lyme Relay Ultra takes place on 9/6/2019.
- **ACTION: Tristan** to organise the running group
- **ACTION: Summer** to arrange a family event for this.

- It was suggested that the Bollington Harriers could hold `away day` runs with other running clubs.

- A discussion was held with regards to how to encourage new runners in the new year. E.g Buddy running. Further ideas for this are invited.

10) Bollington 3 Peaks Fell Race

- It was discussed that the harriers might take more part in the organisation of this event.

- Harriers will shadow the organisation this year with a view to taking over the full organisation in the future as Andy Skelhorn has indicated his desire for this to take place.
- **ACTION: Tristan** to discuss this with Andy Skelhorn.

11) Bollington Festival

- It was agreed that the Bollington Harriers will not be taking part in the festival parade as we will be focussing on events within the festival itself.
- Volunteers for the festival was discussed and it was agreed that no action would be taken as Steve Lomax has already asked in the Facebook group.

12) Dates for the Diary

- Blaze Hill Burn - 23/5/2019
- Wilmslow Half - 24/3/2019
- Bollington 10K - 4/8/2019
- Next committee meeting - 30/4/2019 to be held in the Poachers Inn after the Harriers run.

AOB

- Helen - Pointed out that the Harriers needs to ensure that members who require support should be identified so that appropriate support may provided by herself and Andrew V in their capacity as welfare officers.